Our Lady of Light ALPHA

ALPHA is a place for honest conversation, connection, and a place to search for truth about the big questions of life. Alpha is driven by a strong reliance on the Holy Spirit, radical Hospitality, active listening, empowerment of leaders, and being evangelistically intentional about our spaces. Alpha is for everyone - Catholics, Christians, non-Christians. Join us for Alpha - bring a friend!

Alpha is a series of sessions that explore the foundations of the Christian faith in an honest and non-judgmental environment. Sessions typically begin with FREE dinner and connection, followed by a talk and open discussion. Alpha takes place over 12-weeks and includes a "day away" experience.

INTERESTED IN JOINING THE TEAM?

As a member of the Alpha Team, you are a witness of God's love to our Guests, not by defending the faith or teaching Catholic doctrine, but rather through authentic friendship, radical hospitality, and relying on the Holy Spirit.

TABLE HOST

The Table Host is the primary leader at the table, tossing out questions and making sure that discussion flows between participants. This individual should be outgoing, able to easily engage others in relationship and conversation, and have a means of putting others at ease.

HELPER

The Helper assists the Table Host with building relationships, helping conversation flow smoothly, and being attentive to how others are feeling around the table. This individual is able to put others at ease and can foster meaningful relationships. Helpers will also be trained as Table Hosts, should there be a need for another table or if the host is out for a session.

HOSPITALITY

Hospitality Team members serve in a variety of ways including: greetings Guests at doors, checking them in, and preparing and serving dinner. Individuals on the team desire to create a "home away from home" and make sure that all who enter the space feel seen.

PRAYER TEAM

The backbone of Alpha is a strong reliance on the Holy Spirit. Members of the prayer team are collecting prayer requests and actively praying before the Blessed Sacrament for those at Alpha; or for those who are homebound, interceding during Alpha sessions for guests and team members.

ALPHA was born out of Holy Trinity Brompton (England) over forty years ago and is in over 170 countries and languages. It seeks to form authentic relationship and a space to welcome anyone to discuss questions of life and faith.

For more information, please contact alpha@olldayton.org or Christen Aquino at caquino@olldayton.org, Managing Director of Evangelization

For more information about Alpha, please visit https://alphausa.org/what-is-alpha/

EXPLORE LIFE'S BIG QUESTIONS

NO MATTER WHO YOU ARE OR WHAT YOU BELIEVE, THERE'S A SEAT FOR YOU AT THE ALPHA TABLE